



# LUNCH MENUS



## **BISTRO LUNCH BUFFET**

### **SOUP**

French Onion Soup with croutons and parmesan cheese

### **SALADS**

A basket of assorted crisp fresh salad leaves,  
Sliced cucumber, tomato wedges, feta cheese, mixed pickles,  
onion rings, croutons, olives, julienne peppers and assorted vinaigrettes

Choice of 3 chefs' prepared salads

### **CASSEROLES**

Hearty Beef Bourginoun  
Chicken Coq au Vin  
Potato and Spinach Curry (V)

Potatoes Gratin  
Savoury Rice  
Ratatouille

Selection of two vegetables

### **DESSERTS**

Hot Cape Malva Pudding  
Fresh Fruit Salad  
Apple Pie and Cream



## **BUILD-A-BURGER LUNCH**

### **A SELECTION OF THREE FRESHLY PREPARED CHEFS' SALADS**

A Selection Of Accompaniments For Your Construction

Fresh from the garden and sliced for your convenience

Tomato  
Cucumber  
Pineapple  
Crisp fresh lettuce  
Sliced cheese  
Assortment of pickles  
French fries  
Fried onions

#### **SAUCES**

Mushroom Sauce  
Tangy BBQ sauce  
Tomato sauce  
Spicy Chilli sauce  
Creamy Mayonnaise  
Mustard

Freshly baked hotdog rolls and sesame burger buns

#### **HOT FILLINGS**

Fresh Midlands Beef patties  
Marinated Chicken steaks  
Herbivore Vegetarian patties  
Smoked Vienna's Fried onions

#### **DESSERT**

Fresh seasonal fruit salad  
2 Assorted Ice Cream flavours  
Choice of two chef's desserts



# **DELI STYLE BUFFET LUNCH** **(Construct your own Sandwich)**

## **SOUP OF THE DAY**

### **SALADS**

Mixed Green Salad with Cucumber, Tomatoes, Carrots, and Goat Cheese, with Herb Dressing  
Potato Salad with Onions, Bacon, Scallions, and Whole Grain Mustard

## **SANDWICH FILLINGS**

### **Greens**

Fresh from the garden and sliced for your convenience  
Tomato, Cucumber, Pineapple, Onion  
Crisp fresh lettuce

Egg

Avocado (when available)

Crispy Bacon

Shrimp Marie Rose

Smoked Salmon

Tuna

### **Cold Meat**

Oven Roasted Chicken Breast

Roast Loin of Beef

Honey Glazed Gammon

Salami

Smoked Ham

### **Assorted Sliced Cheeses**

Sliced Gouda, Swiss and Mild Cheddar Cheeses Feta

### **Variety of Deli Breads**

French Baguette, Marble Rye, Country Loaf, Pita Breads, and Whole Wheat Rolls

### **Accompaniments**

Dijon Mustard, Whole Grain Mustard, Mayonnaise, and  
Creamed Horseradish Assorted Pickles, Piccalilli,  
Branston Pickle & Chilli Paste



## **INDIAN LUNCH MENU**

### **MIXED EASTERN SAMBALS TO COMPLEMENT YOUR MEAL**

Crisp deep fried Pappadum  
Sweet Fruity Chutney  
Onion and Tomato Sambals in fresh lemon juice  
Curried Mango pickle  
Spicy and sour lime pickle  
Mixed vegetable pickle  
Coconut Bananas in Milk  
Fresh home baked rolls

### **FROM THE CURRY DEN**

Natal Beef Curry in a medium spiced traditional sauce  
Madras Lamb Curry  
Chicken and Prawn Curry  
Potato and Spinach Curry, our speciality!  
Mince Samosas  
Turmeric infused Basmati Rice

### **DESSERTS**

Refreshing lemon meringue pie and cream Ice cream

# ITALIAN CONNECTION LUNCH

## SALADS

Italian salad created with fresh chunky greens and a light herb infusion.

Roasted Mediterranean Vegetable salad marinated in a olive oil and herb dressing

Baby jacket potato, steamed and marinated in a onion and balsamic dressing garnished with julienne peppers.

Penne pasta dressed with a medley of tomato and cucumber doused with Atlantic tuna.

Assorted dressings

Fresh Italian olive focaccia bread

## HOT BUFFET

### La Mafia Pizza strips (V)

A crisp pizza base topped generously with a homemade tomato and basil sauce, fresh mushrooms, pineapple and covered in a layer of mozzarella cheese.

### La Mafioza Pizza strips

A crisp pizza base topped generously with a homemade tomato, garlic and basil sauce, fresh mushrooms, salami and olives, covered in a layer of mozzarella cheese.

### Chicken and Butternut Lasagna

Succulent chicken strips braised in creamy sauce and layered with butternut and pasta sheets finished with parmesan.

### Macaroni and Mushroom Bake (V)

A traditional dish of macaroni and cheese sauce baked with sliced mushrooms.

## Pasta Station

Selection of Pastas and Sauces prepared to order

Spaghetti

Penne

Tagliatelle

Fusilli

## Sauces

Sauce Fungulli - A mushroom sauce with garlic, white wine and fresh cream. (V)

Beef Bolognese - A hearty Italian sauce made with mince, herbs and roasted tomatoes.

Sauce Arabiato - A tomato and basil sauce laced with a hint of chili. (V)

## Desserts

Fruit salad

Tiramisu

Lemon cheese cake

Assorted ice cream



## **PIE LUNCH BUFFET**

### **SOUP**

Creamy Leek and Potato with croutons and parmesan cheese

### **SALADS**

A basket of assorted crisp fresh salad leaves,  
Sliced cucumber, tomato wedges, feta cheese,  
mixed pickles, onion rings, croutons, olives,  
julienne peppers and assorted vinaigrettes

Choice of 3 chefs' choice salads

### **POTS OF PIE**

*Topped with fresh individual Pie Lids from the Bakers Oven*

Hearty Steak in a dark crushed black Pepper Sauce  
Creamy Chicken with garden fresh Leeks Vegetable Curry (V)  
French fries

### **DESSERT**

Fresh Fruit Salad  
Rich, Dark Chocolate and Black Cherry Mousse  
Apple Pie and Cream  
Milk tart



## **WRAP LUNCH BUFFET**

### **COLD SELECTION**

(Pre-made and individually displayed on platters)

#### **Smoked Salmon Wrap**

smoked salmon - cream cheese - capers - cucumber - lettuce - onion - Dijon vinaigrette

#### **Roast Beef and Pickle Wrap**

Roast beef – Branson Pickle – gherkin – rocket – chopped tomato – cucumber slivers

#### **Salad Wrap (v)**

Selection of garden fresh salad ingredients blended with a tangy salad cream

#### **Chicken Salad Wrap**

Diced chicken, onion, lettuce and salsa blended mayonnaise

### **SALADS**

Choice of 3 chefs' choice salads

### **HOT WRAPS**

#### **Chinese Vegetable Stir-fry (v)**

A medley of vegetables, cooked to order with your choice of sauces

#### **Beef Stir-fry**

Thinly sliced strips of beef stir-fried with green and red peppers and finished off in a peanut and soy sauce

#### **Chicken Stir-fry**

Chicken strips stir-fried with pineapple and cashew nuts in a sweet and sour sauce

### **DESSERTS**

Choice of 3 chefs' choice desserts